## The do's and don'ts of password protection

Allow your password to be a strong first line of defense with these simple and effective best practices.



## Password DO's



**Change** your password regularly

Use **unique** passwords that are difficult to guess and lengthy

Use **multi-factor** authentication (MFA)

Use a **combination** of letters, numbers, and symbols

## **Password DON'Ts**

Use the **Same** password for multiple accounts

Use **short** passwords

Store passwords in **unsecure** locations (e.g., an Excel file on your desktop, or a post-it note on your desk.)

Reveal your password to others



## The STATISTICS

62.9%

of people change their password only when prompted to do so.

 2021 GoodFirms Password Strength and Vulnerabilities Report 33%

of account-compromise victims have stopped doing business with companies and websites that leaked their credentials.

- Lawless Research/Telesign

Only 15%

of IT administrators enforce the use of two-factor authentication.

- LastPass

80%

of breaches are attributed to stolen credentials.

 2022 Verizon Data Breach Investigations Report

Find out how your practice can further prioritize its security measures by migrating to Greenway Secure Cloud. Contact your Greenway account representative today.

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